**Play while you perch:**

**New izzy+ stool Dotti promotes focused fidgeting**

NeoCon World’s Trade Fair 2016: The Merchandise Mart, Suite 11-100

CHICAGO – June 2016 – How does designing movement into classrooms boost learning?

Kids are sitting more and moving less. Changing curriculum standards are pushing physical education and recess out of schools. As a result, children are spending more time in desks and less time engaging in unstructured play that allows them to expend excess energy.

Ingenuity has inspired children to find ways of exerting this excess energy. There’s the future rockstar, who performs an epic drum solo with her pencil. The sloucher, who tries to see just how far back he can lean in his chair. The knee bouncer. The toe tapper. And the list goes on.

Fidgeting has become an unintentional coping mechanism of sorts. Studies have shown that having a secondary distraction, like fidgeting, allows us to focus better on the primary task at hand.

But in a classroom of 30 students, pencil drumming and toe tapping can be more disruptive than helpful.

That’s where Dotti comes in. Dotti’s design supports bodies and minds utilizing a contoured rubber base that encourages movement and a variety of different seating positions. Dotti lets you tilt, perch, and lean in ways that activate your core – giving your muscles something to do while your mind gets to work. All without disrupting the rest of the class – a win-win.

At less than eight pounds and with embedded grab handles, Dotti is easy to move. It’s a perfect solution for flexible, active settings that change throughout the day. And, given the small footprint, it’s easy to tuck Dotti away when not in use.

With five different heights and approved for up to 300 lbs of single shift use, Dotti is the perfect fit for kids and adults alike. From classrooms to workspaces, Dotti fits right in.

With Dotti, play while you perch, lean while you learn, and focus while you fidget.

**About izzy+**Employees of izzy+ (www.izzyplus.com) are in the business of office furniture; they design, manufacture and market office furniture and seating. But their primary focus is on people – how they work and learn, and how to bring them together. izzy+ looks to provide designers with the tools needed to create inspiring work spaces for forward-thinking customers, while also working to connect people so we can be better together. Our products are installed worldwide from Dubai to Des Moines and everywhere in-between.

Based in Spring Lake, Michigan, izzy+ is a business of JSJ Corporation.

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